

Menu



WEEK 3 – 15th December – 21st December

LUNCH

DINNER

MONDAY	<p>Grilled chicken breast with mushroom sauce OR Spinach and ricotta tortellini with creamy tomato sauce</p> <p>Served With Herb and butter new potato, cos lettuce and tomato salad</p> <p>Dessert Tiramisu</p>	<p>Soup: Cream of vegetables (white beans) with croutons and cream</p> <p>Baked fish with hollandaise sauce OR Lamb stuffed capsicum</p> <p>Served With Potato mash, Greek salad</p> <p>Dessert Fresh fruit platter with ice cream</p>
TUESDAY	<p>Beef lasagne OR Pork schnitzel with pepper sauce</p> <p>Served With Potato mash with buttered peas and carrot</p> <p>Dessert Apple crumble with custard</p>	<p>Soup: Borlotti beans, spinach risoni and olive oil</p> <p>Chicken and vegetable casserole OR Quiche Lorraine</p> <p>Served With Sweet potato mash, Brussel sprouts</p> <p>Dessert Chocolate mousse with berries</p>
WEDNESDAY	<p>Corned beef with silverside and mustard sauce OR Macaroni with seafood and spinach</p> <p>Served With Roast potatoes, roasted pumpkin and peas</p> <p>Dessert Sticky date pudding with butterscotch sauce and ice cream</p>	<p>Soup: Broccoli and potato (split pea) with fried shallots and cream</p> <p>Sweet and sour pork with rice and ginger garlic cabbage OR Chicken Caesar salad</p> <p>Served With Rice and ginger garlic cabbage</p> <p>Dessert Crème Caramel</p>
THURSDAY	Resident's Choice Menu	
FRIDAY	<p>Battered or grilled fish OR Mushroom, cheddar and egg slice</p> <p>Served With Chips and Greek salad</p> <p>Dessert Vanilla rice pudding</p>	<p>Soup: Chicken, vegetable and potato</p> <p>Slow cooked lamb shoulder OR Ham and cheese toasties with salad</p> <p>Served With Potato and bacon salad, roasted beetroot</p> <p>Dessert Pavlova with fruit and cream</p>
SATURDAY	<p>Homemade beef and Guinness Pie OR Lentils and vegetable patties</p> <p>Served With Mashed potato, beans and carrots</p> <p>Dessert Ice cream with toppings</p>	<p>Soup: Minestrone</p> <p>Braised pork steak with creamy sauce OR Salmon pasta bake</p> <p>Served With Potato bake, grilled tomatoes and savoy cabbage</p> <p>Dessert Vanilla sponge with ice cream</p>
SUNDAY	<p>Roast chicken with stuffing OR Ham and ricotta cheese crepes with tomato and bechamel sauce</p> <p>Served With Roast vegetable salad</p> <p>Dessert Trifle</p>	<p>Soup: Roasted cauliflower with croutons and fresh parsley</p> <p>Cottage pie with garden salad OR Nicoise salad</p> <p>Served With Garden salad</p> <p>Dessert Frozen yogurt</p>

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