

### Fact sheet

## Support at home – Social Support Services

**Capecare's Social Support services enable clients to continue living independently at home, providing extra assistance as needed to encourage continued community connection.**

Capecare's clients are encouraged and supported to participate in their favourite activities.

We offer an array of social support and work with each client's requirements, collaborating to create goals and plans to ensure they continue to enjoy their favourite hobbies, activities and experiences.

Supporting clients to maintain their social connections and interactions can directly benefit physical, emotional, spiritual and mental wellbeing.

We offer genuine, meaningful and purposeful social support to clients, knowing its ability to help reduce loneliness, maintaining contact with friends, family and local groups.

Funding for Capecare's in-home social support services can come from a range of different funding types, including:

- Commonwealth Home Support Programme (CHSP)
- Home Care / Support at Home Package



## Examples of some of our Social Support Service activities:

- Companionship and social interaction
- Lunch and coffee outings
- Reading, in-home movies and board games
- Assisting with hobbies or art, either at home or out at clubs and groups
- Escorting to social events
- Escorting to the movies, sporting venues or the theatre
- Assistance with correspondence
- Having a coffee and chat at home
- Connecting with local services/businesses
- Assisting to access post office, shopping, hairdressers and other services
- Assisting to attend local community events and social gatherings with like-minded friends
- Appointments



## Find out more:

Call us on 9750 2097  
[community@capecare.com.au](mailto:community@capecare.com.au)

[www.capecare.com.au](http://www.capecare.com.au)

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